



PRESS RELEASE

FOR IMMEDIATE RELEASE

New comparative study by Duke-NUS and NCID provides insight on the rise of Omicron

The SARS-CoV-2 Omicron variant escapes the immune response better than its coronavirus ancestors, but has also facilitated our transition to a society that can live with COVID-19.

SINGAPORE, **10 October 2022** – The Omicron variant escapes the immune response better than other SARS-CoV-2 variants and their related coronaviruses in humans, bats and pangolins. This finding, published by a research team led by Duke-NUS Medical School and the National Centre for Infectious Diseases (NCID), in the journal *Nature Microbiology*, suggests that Omicron evolved from its ancestors to escape immunity from past infection or vaccination, especially that conferred by neutralising antibodies, in humans during the COVID-19 pandemic.

"We present data indicating that SARS-CoV-2 variants have emerged under immune selection pressure and are evolving differently from related sarbecoviruses circulating in animals with less or no immune selection," said senior co-author of the study Professor Wang Linfa, from Duke-NUS' Emerging Infectious Diseases (EID) Programme. Sarbecoviruses are members of the subgenus of beta coronaviruses that encompass SARS-CoV-1, which caused the SARS epidemic in 2003, SARS-CoV-2, which is responsible for the current COVID-19 pandemic, and multiple coronaviruses in bats and pangolins that have the potential to infect humans.

The Omicron variant is better at escaping the immune response, but it has also helped the highly vaccinated and boosted populations to transition to living with COVID-19.

Senior co-author Professor David Lye, Director, Infectious Disease Research and Training Office, NCID, explained, "Omicron's higher transmissibility has resulted in more people acquiring hybrid immunity, which protects better against reinfection and confers mucosal immunity¹. Omicron infections in vaccinated and boosted patients are also much milder with much lower rates of lung infections and need for oxygen support."

Additionally, people who had received the Pfizer BioNTech vaccine and had been infected with SARS-CoV-2 had broader immune responses compared to those who had received the vaccine but had not been infected.

Prof Wang and Prof Lye were part of an international effort, including scientists in Singapore, Thailand, South Africa, Germany and the UK, that analysed immune responses against a variety of sarbecoviruses. They did this by investigating how well serum from people with different

¹ Mucosal immunity refers to an immune response in the mucosa, particularly the membrane lining of the nose and throat. Many respiratory viruses first enter the body through these passages, so, boosting localised immunity in these locations can halt pathogens before they spread to the rest of the body. A <u>recent study</u> by Duke-NUS found that long-lasting SARS-CoV-2-specific T cells were found in the nasal passages of people who had breakthrough infections following vaccination.



immune states was able to neutralise 20 different sarbecoviruses from humans, bats and pangolins, including Omicron.

Variants generated in humans during the COVID-19 pandemic were able to escape neutralising antibodies more efficiently than the sarbecoviruses that originated in animals, providing evidence that variants of concern (VOCs), especially Omicron, arose under immune pressure in humans.

"Our findings are highly important, as they will guide us in the future response to the pandemic, including the development of better and more broadly protective vaccines," said Prof Wang, who is also Executive Director of Singapore's Programme for Research in Epidemic Preparedness and Response (PREPARE).

###

Reference: Tan, C.W., Chia, W.N., Zhu, F. et al. SARS-CoV-2 Omicron variant emerged under immune selection. Nat Microbiol (2022). https://doi.org/10.1038/s41564-022-01246-1

About Duke-NUS Medical School

Duke-NUS is Singapore's flagship graduate entry medical school, established in 2005 with a strategic, government-led partnership between two world-class institutions: Duke University School of Medicine and the National University of Singapore (NUS). Through an innovative curriculum, students at Duke-NUS are nurtured to become multi-faceted 'Clinicians Plus' poised to steer the healthcare and biomedical ecosystem in Singapore and beyond. A leader in ground-breaking research and translational innovation, Duke-NUS has gained international renown through its five signature research programmes and 10 centres. The enduring impact of its discoveries is amplified by its successful Academic Medicine partnership with Singapore Health Services (SingHealth), Singapore's largest healthcare group. This strategic alliance has spawned 15 Academic Clinical Programmes, which harness multi-disciplinary research and education to transform medicine and improve lives.

For more information, please visit www.duke-nus.edu.sg

About National Centre for Infectious Diseases

The National Centre for Infectious Diseases (NCID) is a purpose-built facility designed to strengthen Singapore's capabilities in infectious disease management and prevention. NCID houses clinical services, public health, research, training and education and community engagement functions under one overarching structure. In addition to the clinical treatment of infectious diseases and outbreak management, the expanded roles and functional units of NCID include the National Public Health and Epidemiology Unit, the National Public Health Laboratory, the Infectious Disease Research and Training Office, the Antimicrobial Resistance Coordinating Office, and the National Public Health programmes for HIV and Tuberculosis. Benchmarked to international standards and best practices, NCID will enhance Singapore's ability to effectively manage infectious diseases.

Visit www.ncid.sg for more information.